

## LONDON DRUGS DIABETES & INSULIN MANAGEMENT CLINICS

*Certified Diabetes Educators assist Western Canadians with diabetes management*

**APRIL 14, 2015, RICHMOND, B.C.** – According to the [Canadian Diabetes Association](#), more than nine million Canadians now live with diabetes, the statistic having nearly doubled since 2000. That number is expected to increase by 1.5 million people in coming years and will see one in three people with the disease by 2020.

With more than 20 people being newly diagnosed with the disease every hour, diabetes has become one of Canada's foremost illnesses. In response to a nationwide concern over the disease, London Drugs has continued to grow its Certified Diabetes Educators (CDE) Program. As part of that program London Drugs offers Diabetes & Insulin Management Clinics to assist Canadians with the management of their diabetes.

Beginning in May, Certified Diabetes Educators (CDE) are available on-site to book 45-minute one-on-one personal care and consultation appointments. CDEs offer assistance to people living with diabetes in handling their disease while also guiding them by making recommendations for therapy. During each clinical session, patients receive a personalized assessment, and advice on blood glucose monitoring, safe insulin injection and overall diabetes management. With an in-store Certified Diabetes Educator, London Drugs pharmacy patients have access to a health care professional who can work regularly with them to help manage their disease.

Over the years, the number of Certified Diabetes Educators at London Drugs has increased to 55 across Western Canada. With pharmacy at the heart of its business, all London Drugs pharmacists are provided with the tools to identify, assess and discuss individualized risks and implications for diabetes. It is during these Diabetes Clinics that people living with diabetes are able to gain a deeper understanding and learn more about their individual disease management.

The Canadian Diabetes Association recommends that Canadians over the age of 40 be tested for diabetes every three years. Risk factors for Type 2 diabetes include a family history of the disease, high blood pressure or cholesterol as well as being a member of a high-risk group including those of Aboriginal, Asian, South Asian or African descent. Without proper management and care of diabetes, complications may arise in the form of heart, kidney or eye disease as well as potential nerve damage.

For full information on Type 2 Diabetes visit the [London Drugs Health Library](#) online or speak with a London Drugs Pharmacist at your nearest location. To learn more about London Drugs' Diabetes Clinics, visit [www.londondrugs.com/diabetesclinic](http://www.londondrugs.com/diabetesclinic) to book your appointment.

### ABOUT LONDON DRUGS

Founded in 1945, B.C.-based London Drugs has 79 stores in more than 35 major markets throughout British Columbia, Alberta, Saskatchewan and Manitoba including its online store [www.londondrugs.com](http://www.londondrugs.com). London Drugs offers consumers a range of products from digital cameras and cosmetics to computers and televisions. Renowned for its creative approach to retailing, the company employs more than 7,500 people with pharmacy and health care services being the heart of its business. Committed to innovation and superior customer service, London Drugs has established itself as a reputable and caring company and continues to position itself for future growth and development.

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