

1 in 3 Women, 1 in 5 Men in Canada will suffer an osteoporotic fracture in their lifetime

Canadians can reduce their risk with a simple screening now available at the pharmacy

Osteoporosis Screening Clinic happening at London Drugs across Western Canada

September 14, 2018 – Affecting both men and women, and with no one single cause, pharmacists say Osteoporosis is a condition that more Canadians should undergo screening for. Approximately two million Canadians each year are affected by osteoporosis, which leads to an increase risk of fractures, often in the wrist, spine, shoulder and hip.¹ One in three women and one in five men will suffer an osteoporotic fracture in their lifetime².

“Fractures can lead to chronic pain, disability, loss of independence and even death. That is why it is so crucial for patients to undergo early screening,” explains Gianni Del Negro, Pharmacist at London Drugs.

Pharmacists now play an important role in osteoporosis prevention education, helping Canadians understand their risk of developing Osteoporosis, before a fracture occurs. In fact, community pharmacist-initiated screening programs double the number of patients tested and treated for osteoporosis.³

London Drugs pharmacists provide patients with access to routine screening through [Osteoporosis Screening Clinics](#) held at pharmacies. Using the World Health Organization’s FRAX assessment tool and Sunlight Omnisense® device, pharmacists scan and measure patient’s bone strength of the wrist and assess their risk for falls and fractures.

“There are usually no symptoms of osteoporosis until a broken bone occurs. If we can catch osteoporosis early through screening, we can give patients the knowledge and support they need to prevent further bone loss and avoid potential falls and fractures,” says Del Negro.

Post-screening, patients are given an assessment of their vitamin D and calcium intake, lifestyle factors, and existing medical conditions as they relate to fracture risk. Each patient is then provided with tips on how to minimize their risks, and a personalized action plan to fit their wellness goals. The complete consultation takes about 45-minutes.

An Osteoporosis Screening Clinic is being held at London Drugs stores across Western Canada throughout the months of September and October. To learn more, view the complete clinic schedule or to book an appointment visit LondonDrugs.com/osteoclinics or call the pharmacy.

ABOUT LONDON DRUGS

Founded in 1945, B.C.-based London Drugs has 81 stores in more than 35 major markets throughout British Columbia, Alberta, Saskatchewan and Manitoba including its online store www.LondonDrugs.com. London Drugs offers consumers a range of products from digital cameras and cosmetics to computers and televisions. Renowned for its creative approach to retailing, the company employs more than 7,500 people with pharmacy and health care services being the heart of its business. Committed to innovation and superior customer service, London Drugs has established itself as a reputable and caring company and continues to position itself for future growth and development.

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¹ [Osteoporosis Canada](#)

² [Osteoporosis Canada](#)

³ [Canadian Pharmacists Association](#)