

## Creamed Spinach with Tomato

Here's an easy flavourful side dish that makes a great accompaniment to prime rib, pork chops or veal.

Prep Time: approx. 10 Minutes.

Cook Time: approx. 20 Minutes.

Ready in approx. 35 Minutes. Makes 4 servings.



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1 Tbsp	vegetable oil	15 ml
1	small onion, diced	1
1/2 tsp	each salt and Italian seasoning	2 ml
1-10 oz	package frozen chopped spinach slightly thawed	300 ml
1 cup	drained diced canned tomatoes	250 ml
1/3 cup	Nestlé Carnation Regular Evaporated Milk	75 ml
1/4 cup	whipping cream	50 ml

## **Directions**

- 1** Heat oil in non-stick skillet over medium-high heat. Sauté onion, salt and Italian seasoning about 3 minutes or until softened. Add spinach, breaking up with wooden spoon. Cook 5 minutes or until most of the liquid is evaporated.
- 2** Stir in tomatoes, evaporated milk and cream; cook, stirring occasionally, about 10 minutes or until thickened. Serve immediately.

*Recipe courtesy of Nestlé*