

Southwest Snack

Go ahead and munch! This smart snack uses fat-free popcorn and pretzel sticks and low-fat Baked Bugles to make snacking a pure pleasure.

Prep Time: approx. 15 Minutes.

Ready in approx. 25 Minutes. Makes 32 cups.



2 bags	Pop Secret light popcorn, popped	2 bags
6 cups	Baked Bugles cheddar flavour corn snacks	1.4 L
2 cups	fat-free pretzel sticks	475 ml
2 Tbsp	reduced-fat margarine, melted	30 ml
1 tsp	chili powder	10 ml
1/2 tsp	ground cumin	5 ml
1/2 tsp	garlic powder	5 ml
1/4 cup	grated Parmesan cheese	60 ml

Directions

- 1** Divide popcorn, corn snacks and pretzels between two 2-gallon plastic food-storage bags.
- 2** Mix margarine, chili powder, cumin and garlic powder; pour over popcorn mixture; shake to coat. Sprinkle with cheese; shake to coat.
- 3** Pour mixture into ungreased pan(s). Bake at 300°F for ten minutes; cool. Store in airtight container.

Recipe courtesy of Pop Secret